

# Women Development and Empowerment

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**Abstract :-** Women comprise around 50% of the country's population. Women are the key to sustainable development. Women are known for delivering multiple roles effortlessly per day and thus, they are considered the backbone of every society. The development of future generations depends upon women. Women empowerment is empowering the women to take their own decisions for their personal growth and development as well as social development. Women empowerment in India is the most effective tool for development as these days; women across the world are actively working as a leader and surpassing others in all the spheres of life.

Women empowerment has been a transformative force reshaping the social, economic, and political landscapes worldwide. Economic empowerment increases income, living standards, and independence. Women empowerment is not just about achieving gender equality; it's a multifaceted movement toward recognizing and valuing the inherent strength, capabilities and rights of women in all walks of life. Today there is a growing emphasis on "mainstreaming" women's role in the planning, implementing, and monitoring of all sustainable development and environmental management programmes.

**Keywords :-** Women Empowerment Social, Economic and Political Landscapes, Economic Empowerment.

**Introduction: -** Women play a very good role in the development of economy and society. Woman is the leader, planner of the family, the trainer, supplier of labour power and playing important role in the development of agriculture, industry and service sector. But status of women is so poor and incidence of poverty is more on woman only. Empowering women is the only solution for all the problems. If woman is educated and empowered her potential power can be utilized for the economic development. Women empowerment is

required to overcome situations of such types and to provide them with their independent role in society. Empowering women is a necessary right of women. They should have proportional rights to contribute to society, economics, education, and politics. They are approved to gain higher education and receive a similar treatment as men are receiving. It also means providing them with equal opportunities for growth and development in society and disapproving gender bias. This paper is confined to the role of women empowerment aspect in the human resource development.

## Objectives:-

1. To evaluate the present status of women in the society.
2. To study the necessity of women empowerment.
3. To develop the self-confidence of women in building their capacity.

**Methodology: -** This paper mainly is descriptive in nature. It is based on secondary data from various research journals, websites and articles are collected in order to understand the women development & women empowerment.

## Types of Women Empowerment: -

**There are different ways to categorize women's empowerment, but here are five common types:-**

- **Economic Empowerment:** This refers to women's ability to participate in economic activities on an equal basis with men. It includes access to education, training, employment, and entrepreneurship opportunities, as well as fair wages, equal pay, and access to credit and financial services.
- **Social Empowerment:** This type of empowerment refers to women's ability to participate fully in social and cultural life, free from discrimination and violence. It includes access to education, healthcare, and legal services, as well as the ability to exercise their rights and freedoms.
- **Political Empowerment:** This type of empowerment refers to women's ability to

participate in political life and decision-making on an equal basis with men. It includes the ability to vote and run for office, as well as access to leadership positions and participation in policy-making processes.

- **Educational Empowerment:** This refers to women's ability to access education and develop skills and knowledge that enable them to make informed decisions, pursue their goals, and contribute to society. It includes access to quality education at all levels and opportunities for lifelong learning.

- **Health Empowerment:** This refers to women's ability to access healthcare and make decisions about their health and well-being. It includes access to information, services, and resources that promote reproductive health, maternal health, and overall well-being.

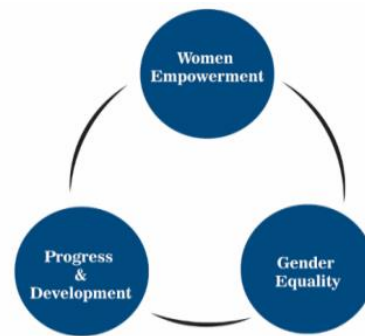
#### Challenges Faced by Women: -

1. **Gender Discrimination:** - Gender discrimination is a pervasive issue that affects women in all areas of their lives. Women often face discrimination in the workplace, politics, and social settings, resulting in unequal opportunities and reduced access to resources.

2. **Violence against Women:** - Violence against women is a significant barrier to women's empowerment and development. Women experience various forms of violence, including domestic violence, sexual harassment, and rape, which have long-term physical and psychological effects.

3. **Lack of Access to Education:** - Women's access to education is still limited in many parts of the world. Lack of access to education limits women's opportunities and hinders their ability to contribute fully to society.

4. **Lack of Access to Healthcare:** - Women often face significant challenges in accessing healthcare, particularly in developing countries. Lack of access to healthcare results in poor health outcomes for women and limits their ability to contribute to society.



#### Need for Women Development & Empowerment:

- Need for women empowerment is endless, boundless in India. Following are some of these needs to empower the women:

- \* To abolish the impact of gender discrimination, inequality and injustice.
- \* To provide them safety and security in daily life.
- \* To ensure a fear free workplace for women.
- \* To make them strong to combat against exploitation.
- \* To minimize domestic violence and corruption.
- \* To avail legal protection.
- \* To establish the identity of their own.
- \* To make them eligible and effective to contribute to the society.
- \* To make them able to stand on their own feet.

#### Importance of Women Development & Empowerment:

- Women Development & Empowerment helps to develop the society. Women empowerment helps women promoting education which leads to employ a large number of population. It is actually a social development as a whole. It provides equity and equality for women in every aspects of life. That leads to a safer and peaceful environment for all worldwide. Women empowerment is important for several reasons, including:



1. **Gender Equality:** Women empowerment is essential for achieving gender equality, which is a

fundamental human right. Gender equality means that women and men have equal rights, opportunities, and resources, and can participate equally in all aspects of life.

**2. Economic Growth:** Women empowerment is also important for economic growth and development. When women have equal access to education, employment, and other opportunities, they are better able to contribute to the economy and society as a whole.

**3. Social Justice:** Women empowerment is also essential for achieving social justice. Women and girls are often subject to discrimination, violence, and other forms of oppression simply because of their gender. Empowering women helps to create a more just and equitable society for everyone.

**4. Health and Well-being:** Women empowerment is also important for promoting health and well-being. When women have access to education and healthcare, they can better take care of themselves and their families.

**5. Sustainable Development:** Women empowerment is critical for achieving sustainable development. When women are empowered, they are better able to contribute to efforts to address environmental challenges, reduce poverty, and promote social justice.

**How to Develop & Empower Women:-** Empowerment of women would result in better developed society. When women contribute equally with men, the world would surely be a better place to live. There are several ways to develop & empower women. Empowerment of women would result in better developed society. When women contribute equally with men, the world would surely be a better place to live. There are several ways to develop & empower women.



**Create safe work place:-** The work places should be safe for the female members of the society. Women can be empowered through the creation of safe working environment.

#### **Women Education:-**

- Female education contributes towards health and wellbeing of the family.
- By getting education, women contribute to the national income of the country.
- Educated women are considered active in politics also.
- Educative women know their right and are able to protect themselves better. Raise voice against gender inequality. Women can be empowered by decreasing the gender inequalities in society.

**Job skills:-** Proper training should be provided to women for better results

**Create more part time job opportunities:-** More part-time and flexible jobs should be created so that more and more women get employment opportunities

**Legislations for Women Empowerment:-** For safeguarding women from inequality, injustice as well as from discrimination, various legislations are passed by Indian Parliament time to time.

Some of the laws are highlighted below [(Article on Women Empowerment), (<https://www.prindia.org> )].

- Immoral Traffic (Prevention) Act-1956.
- Dowry Prohibition Act-1961.
- Maternity Benefit Act-1961.
- Medical Termination of Pregnancy Act-1971 .
- Equal Remuneration Act-1976 .
- Commission Sati (Prevention) Act-1987 .
- Prohibition of Child Marriage Act-2006.
- The Muslim Women (Protection of Rights on Marriage) Act-2019.

The above discussion clearly reflects the distressed as well as problematic scenario of Indian women and at the same ground, the necessity of women empowerment in India. It also throws light on various initiatives taken by the government to strengthen the women empowerment in India.

#### **List of Major Women Empowerment schemes in India:-**

**1. Supporting to training and Employment for women:** Launched in the year 1986-87.

To provide skill that employability to women

**2. Nirbhaya:** Launched in the year 2012.

To facilitate safety and security for women at various levels.

**3. Beti Bachavo Beti Padhao Scheme:** Launched in the year 201.

The objectives of the scheme is to prevent gender biased sex selective elimination, to ensure survival and protection of the girl child and to ensure education and participation of the girl child.

**4. One-Stop Centre scheme:** Launched in the year 2015.

To provide support and assistance to women affected by violence, both in private and public spaces.

**5. Women helpline Scheme:** Launched in the year 2016.

To provide toll-free 24 hours telecom service to women affected by violence.

**6. Mahila E-Haat:** Launched in the year 2016

To facilitate entrepreneurship opportunities online for women.

**7. Mahila Police Volunteers:** Launched in the year 2016.

It will serve as a public police interface in order to fight crime against women.

**8. Ujjawala:** Launched in the year 2016.

To prevent the trafficking of women and children for commercial sexual exploitation.

**9. Mahila Shakti Kendras (MSK):** Launched in the year 2017.

To create an environment for women where they have access to healthcare, quality, education, guidance, employment etc.

**10. Swadhar Greh:** Launched in the year 2018.

To cater to the primary need for shelter, food, clothing, medical treatment and care of women in distress.

**Conclusion:-** The women play a strategic role in the society and the economy. The status of women in India is rising. The government of India, by passing timely acts and implementing rules and

regulations trying to empower the women. The effect of women employment on family and society is more evident in situations where women possess higher levels of employment and income. The women play a strategic role in the society and the economy. The status of women in India is rising. The government of India, by passing timely acts and implementing rules and regulations trying to empower the women. The effect of women employment on family and society is more evident in situations where women possess higher levels of employment and income. The empowerment of women employees is also higher when they are at high levels of employment. No doubt, the government of India has many weapons to tight for women empowerment.

If women are empowered the nation will be benefited. The country will be free from a large burden of illiteracy, unemployment as well as curse.

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